

Abaseen Institute of Medical Sciences

NEWSLETTER

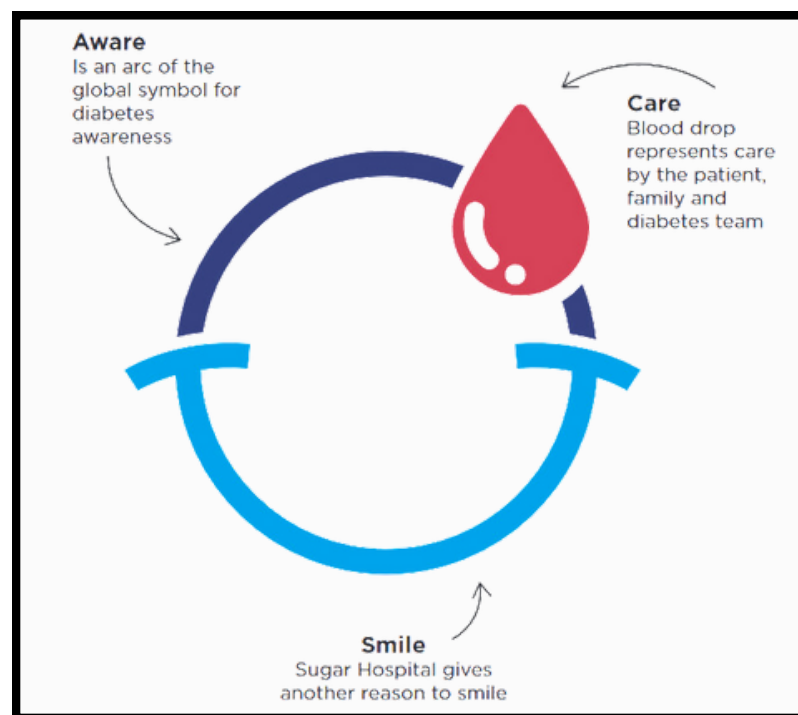
February 2024/ Vol 3 / Issue 2

Sweet Talk میٹھی بات | خوبہ خبرہ



MESSAGE FROM CEO DR. ZIA UL HASAN

I would like to emphasize the importance of the AIMS symbol (right). It reminds us to provide the best care to our patients, spread awareness about diabetes, and bring hope and smiles to those we serve.



Main Events Last Month

- The Audit of accounts has been completed and will be shared in March. These audits are very important as they ensure transparency and financial responsibility of charitable organizations.
- The Diabetes Association has initiated its outreach of providing diabetic care in KP districts.
- The newly established surgical unit, led by the Clinical Director Dr. Roohul Muqem, is doing very well. It not only delivers timely surgeries but also generates essential revenues needed to sustain hospital operations.

DIABETES AWARENESS GIVEN TO STUDENTS

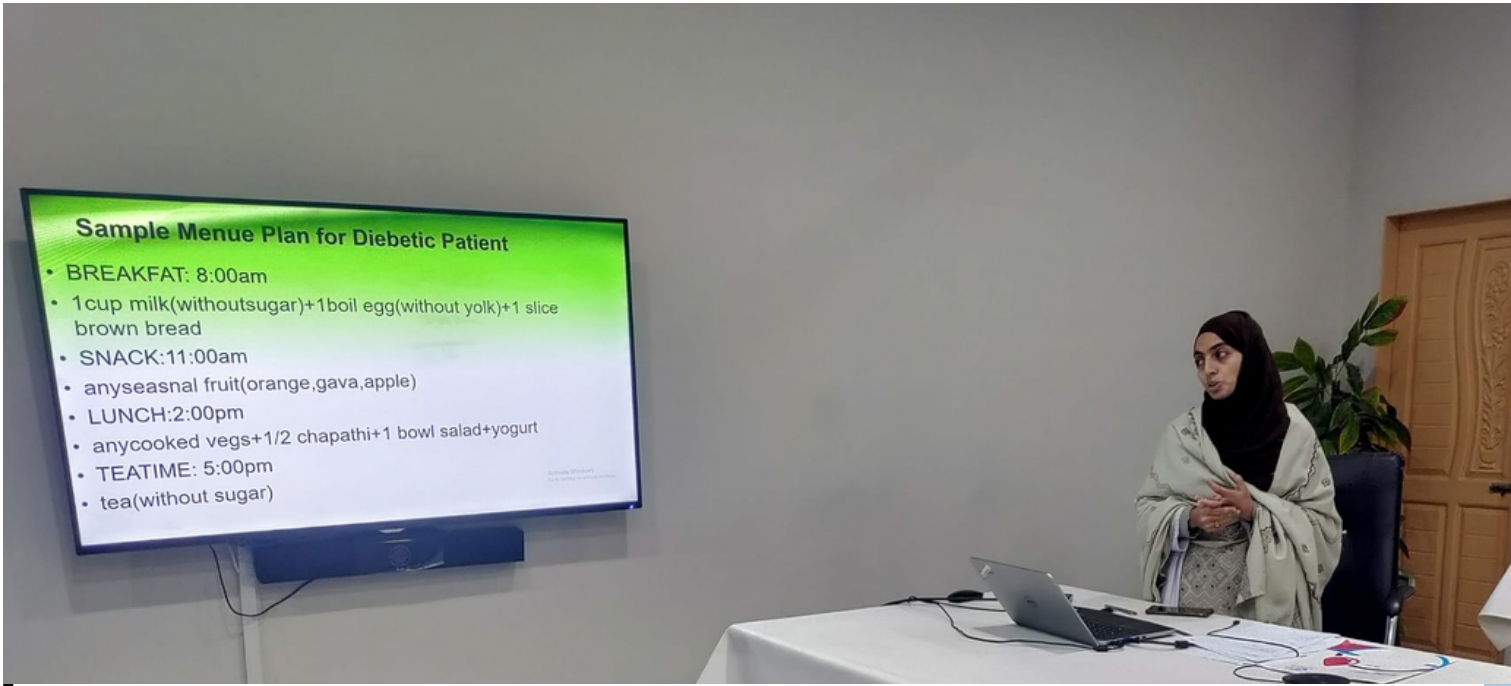
02 Febraury 2024



An awareness session was presented to students of Peshawar University, Social Works Department. The session was presented by AIMS Project Coordinator, Saba Tanveer.



Academic Session on Nutritional Management Presented by Nutritionist Dr Laila Shaheen 20 January 2024



Academic sessions are organized at Sugar Hospital to better prepare staff, so they can give excellent care to patients.



Academic Session on Communication and Software Skills Presented by Miss Maham

02 Febraury 2024



Academic Session on Management of Type-2 Diabetes Presented by Dr. Kulsoom Asad

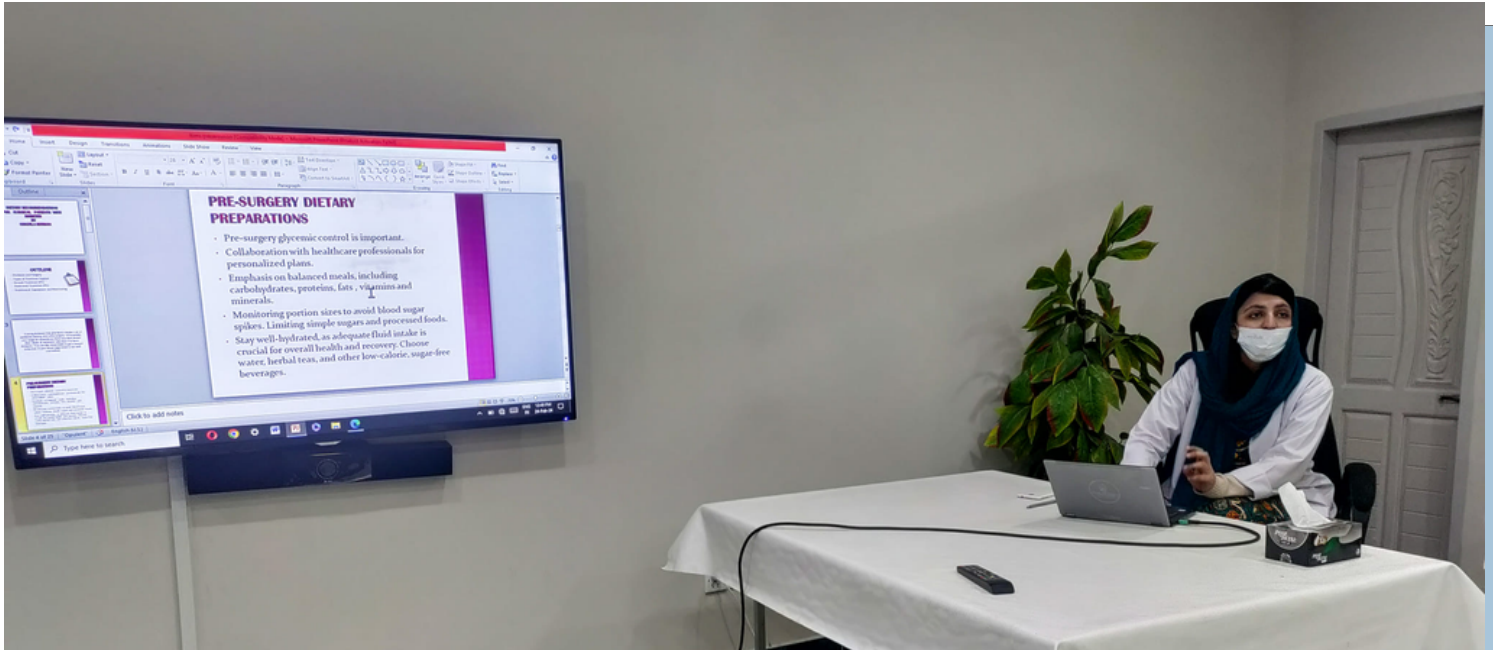
26 January 2024



Dietary Recommendations for Surgical Patients

Presented by Nutritionist Ghazala Rehman

24 Febraury 2024



Academic Session on Topic Dietary recommendations for Surgical Patients having Diabetes was presented by Nutritionist Ghazala Rehman. The Informative Session was attended by the staff of the Hospital.



MEDICAL CAMP IN CHAMKANI

21 January 2024



A medical camp was organized in Chamkani, Peshawar on Saturday, 21st January. HBA1C Test, Random Sugar Test, Nutritionist Consultation, Doctors Consultation and Medicines were provided to the patients.

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PATIENTS AT CHAMKANI CAMP

21 JANUARY 2024



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MEDICAL CAMP AT REGI MEDICAL CAMP

31 January 2024



Aims Medical Camp was Arranged at Regi Medical
Camp 31 January 2024



ABASEEN INSTITUTE OF MEDICAL SCIENCES

MEDICAL CAMP AT CHAMKANI

18 Febraury 2024



Another medical camp was arranged in Chamkani, Peshawar on Sunday, 18th, February.

CONSTRUCTION OF RADIOLOGY DEPARTMENT

24 January 2024



Our Radiology Department is nearing completion, with state of the art facilities including CT Scan, MRI, and advanced imaging.



MEET OUR NEW DIBETOLOGIST

Meet
SUGAR HOSPITAL'S
MEDICAL SPECIALIST / DIABETOLOGIST



Dr. Muhammad Iqbal, a senior Diabetologist, has recently joined Sugar Hospital. He is a seasoned medical consultant holding MBBS, FCPS and PG-HHPM

FIELD STUDY



Syed Muhammad Uzair Jan

To fulfill his Bachelor of Science Degree (Social Work) requirement from University of Peshawar, Uzair had to conduct a field study at a non-profit institution. He chose Sugar Hospital. His goal was to closely monitor patients progress and medical treatment.

Patient: Zahir Khan
Field Study by Syed Mohammad Uzair Jan

Mr. Zahir Shah from Acheni Bala had a rough time dealing with his diabetes when he turned 65. His feet faced problems because diabetes affected his blood flow. Someone referred him to Sugar Hospital. The team at Sugar Hospital team created a careful plan for his treatment as he his feet were deteriorating. Zahir Shah was asked to visit the doctor regularly and check his feet. Routine visits helped the healthcare team to provide appropriate treatment and control his condition. Zahir Shah was taught how to take care of his feet. One of the problems among diabetic patients is they don't know how to self-care. AT Sugar Hospital, Zahir Shah learned how to inspect his feet daily, keep them clean, and use moisturizers to prevent dryness and cracks. Choosing the right shoes was also important for comfort and protection.

With regular care and following directions of AIMS team, his feet got better.

Learning about how to prevent issues played a big part in Zahir Shah's journey. Knowing how to take care of himself helped him be pro-active in his own care. He understood that taking care of diabetes isn't just about controlling blood sugar; it's also about keeping specific things, like his feet healthy.

In short, Zahir Shah's story shows how important it is to look at diabetes care as a whole. Regular check-ups, taking care of his feet, and learning about his health played a big role in making his condition better. It shows that managing diabetes needs a plan that looks at everything, not just one part of it .

VISIT OF SUGAR HOSPITAL BY **DR RASHID HANIF**
President AIMS, USA

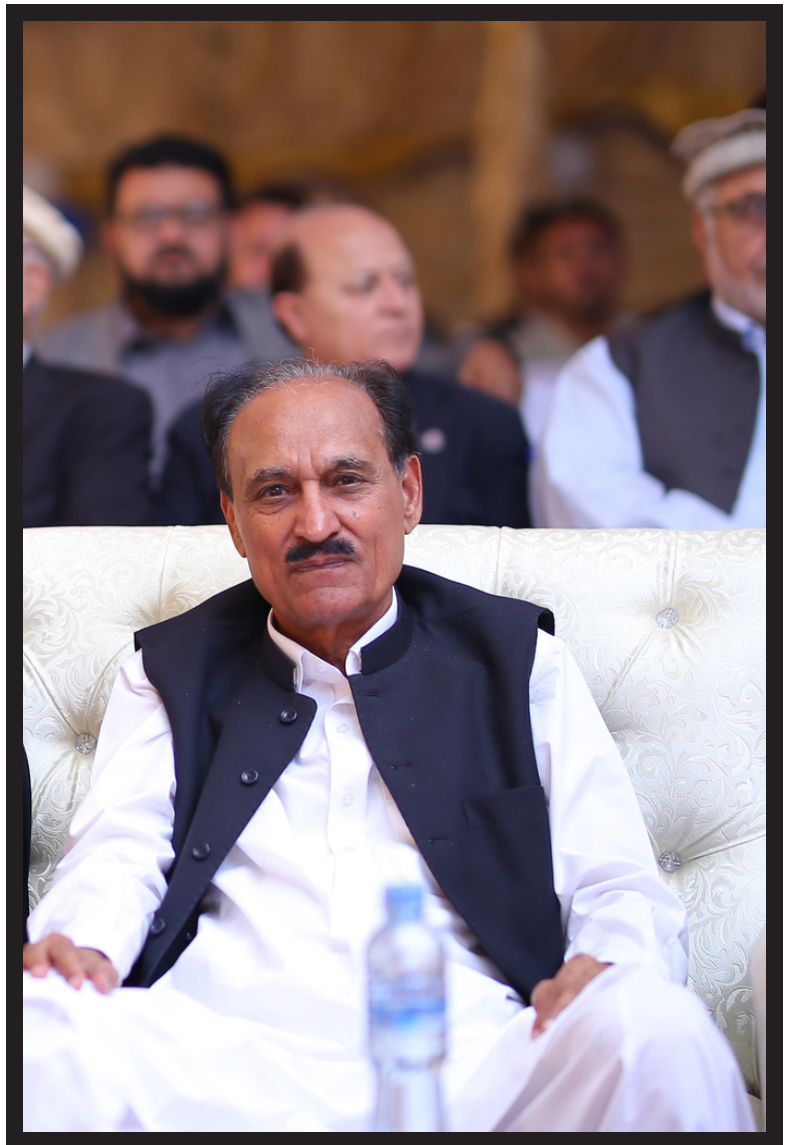


Dr. Rashid Hanif, President of AIMS USA visited Sugar Hospital on December 19, 2023 and noted substantial expansions in emergency services, in-patient facilities, and the surgical unit over the past year. These enhancements showcase Sugar Hospital's commitment to improving diabetic care and meeting the community's growing needs.

VOLUNTEER PROFILE

SALIM KHALIL

Former Member of the National Assembly (MNA) Pakistan, Salim Khalil has rendered significant volunteer services to AIMS. Over the past 20 years, he has actively contributed to AIMS by providing assistance with government and legal matters. His invaluable support has played a crucial role in securing charity status, facilitating registration, and ensuring compliance with government regulations.



Donate your Zakat or Sadaqa before the end of Ramadan.

**AIMS needs to raise
PKR 28,000,000 (\$100,000)
to provide medical care, life
saving medicines, foot and eye
surgeries to 787 patients in the
coming year.**

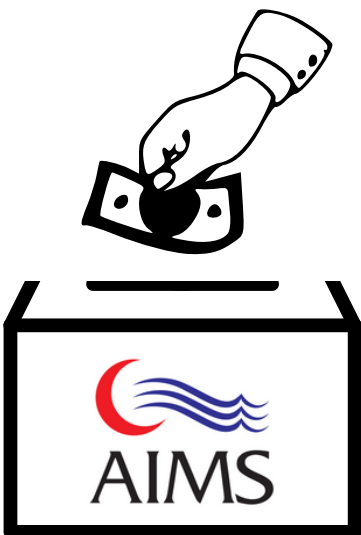
زكوة

**YOUR ZAKAT OR
SADAQA CAN MAKE A
DIFFERENCE!**

وَأَقِمُوا الصَّلَاةَ وَعَآتُوا الزَّكَاةَ

**“And establish
prayer and give
zakat”**

Surah Baqarah Ayat 110



**Ramadan is the month
of giving!
Provide care and life
saving medicine to
diabetic patients**

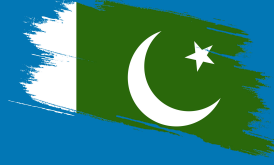
HOW TO DONATE



Donate in Pakistan



**Bank Transfer:
Cheque or Cash**



ACCOUNT TITLE: AIMS PAKISTAN DISTRICT COMMUNITY PROGRAM

ACCOUNT NUMBER: 1759003156265090

IBAN: PK90NBPA1759003156265090

BRANCH CODE: 1759

BRANCH: HAYATABAD TOWNSHIP

ADDRESS: NBP PHASE 5 BRANCH, PESHAWAR, KPK, PAKISTAN

Mobile App

Easy Paisa

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www.pk.abaseen.org



0915892728

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Please Join Us At

AIMS USA

RAMADAN FUNDRAISER

March 1st, 2024

6:00 PM

Pearl Banquet Hall

820 Spring Creek Parkway

Plano, Texas 75023

Tickets: \$30 per person

Zelle: Sarariazullah@gmail.com

www.abaseen.org

AIMS USA: registered in 2020 as a Tax-Exempt Nonprofit.
Tax-ID/EIN: 84-3374777



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news@abaseen.org

Call for **VOLUNTEERS**



Volunteers play a big role with us. We are looking for volunteers who can give time on a regular basis.

BENEFITS OF VOLUNTEERISM

- Rewards in this world and the hereafter.
- Personal growth.
- Health and well-being.
- Career development
- Social impact
- Learning opportunities

Sugar Hospital is a charitable organization that provides care to the poor and needy. While those who can afford it are charged some fees, all earnings are put back into the hospital to facilitate patient care. It is a non-profit organization which means none of the profits go to the management, board members or any other individuals. All profits are put back in patient care.