

Abaseen Institute of Medical Sciences

# NEWSLETTER

January 2024/ Vol 3 / Issue 1

Sweet Talk | خوبہ خبرہ | میٹھی بات

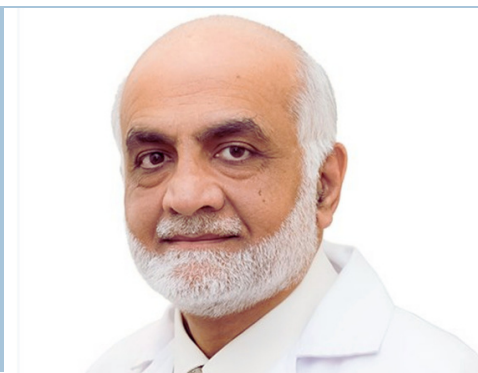
## MESSAGE FROM CEO DR. ZIA UL HASAN

Alhamdulillah 2023 has been successful for AIMS in many ways. This was possible due to Allah's blessing and the relentless support from all of you, donors, staff, members and most importantly patients who give us opportunity to serve.

Thank you for being part of our mission. AIMS is making lasting impact in lives of patients and their families, living with diabetes in Pakistan. We move on in the new year expressing our gratitude for your support and generosity in 2024, insha'Allah.

## Main Highlights of 2023

- Annual General Body Meeting per revised constitution
- Election of the new board of directors
- Free yearly treatment of 400+ adults and 200 children
- Establishment of Surgical Department and Emergency Room
- Extension of Service, Space & Equipment for OPD, Radiology, Laboratory, & Footcare
- New staff & volunteers.
- Community camps providing free treatment in villages.
- Fund raisers held by AIMS USA, AIMS Pakistan, Middle East and UK





# Donors Convention

23 December 2023



AIMS Sugar Hospital held a Donors Convention to raise funds for four critical needs: Radiology, Solarization, Footcare and I.T. / Security. Many thanks to all who attended and supported these initiatives. May Allah bless you.





SUGAR HOSPITAL

# Donors Convention

23 December 2023





# Chamber of Commerce Meeting

20 December 2023



Meeting with the Chamber of Commerce and Industrial Estate Peshawar held at AIMS Sugar Hospital. CEO AIMS Sugar Hospital Dr Zia ul Hasan explained the services offered at Sugar Hospital.



# Delegation Visit From Dara Adam Khel

*17 December 2023*

A delegation from Afridi Tribe in Dara Adam Khel, under the leadership of Haji Shadeed Khan (Right) visited AIMS Sugar Hospital. The delegation appreciated the on-going services in the hospital and announced full support for the hospital.





# Annual International Scientific Conference, Lahore

24 December 2023



A Proud Moment for AIMS Sugar Hospital! Dr. Shahzeb Khan, Consultant Registrar, led a delegation to the Annual International Scientific Conference at Fatima Jinnah Medical University, Lahore. Presented the innovative AIMS model to combat the rising prevalence of diabetes in Pakistan. Dr. Shahzeb Khan was felicitated with a medal and certificate by Vice Chancellor Prof Khalid Masud Gondal.



# Academic Session on Diabetic Retinopathy

Presented by Optometrist Dr Muhammad Aamir

02 December 2023



Diabetic Retinopathy was discussed including monthly statistics and review of patients. Also discussed about disease prevention and strategies under supervision of our Endocrinologist, Ophthalmologist and Eye team

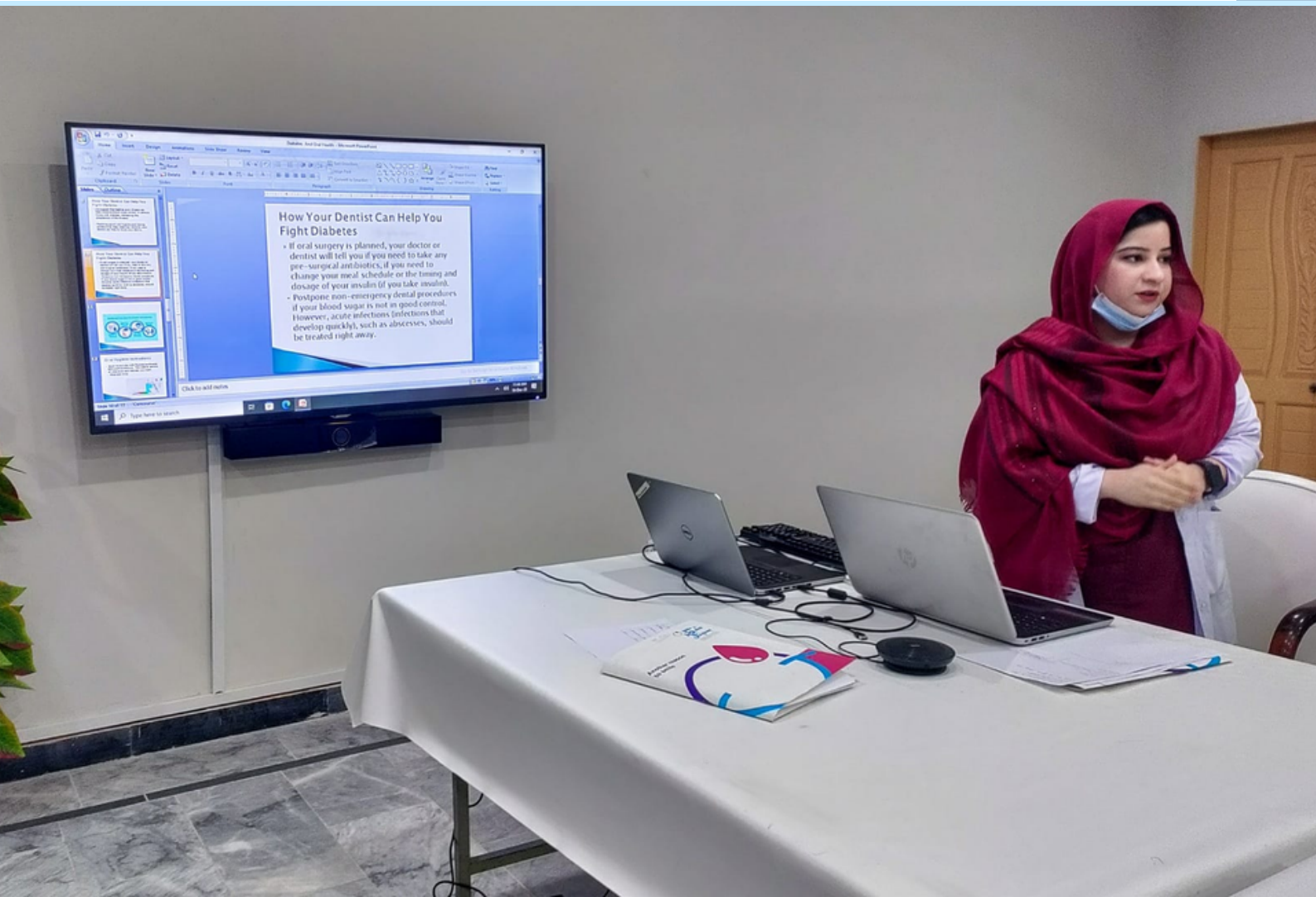




# Academic Session on Diabetes and Oral Health

Presented by Dental Surgeon Dr. Hira Khan

16 December 2023



To offer the best patient care, our clinical staff consistently educates themselves. They meet regularly in "Academic Sessions" to discuss topics related to patient care and diabetes, learning how to improve care effectively.



# Academic Session on Foot Anatomy

30 December 2023





# Academic Session on DiaDeM Project

Presented by Dr. Hira Shakoor

*06 January 2024*



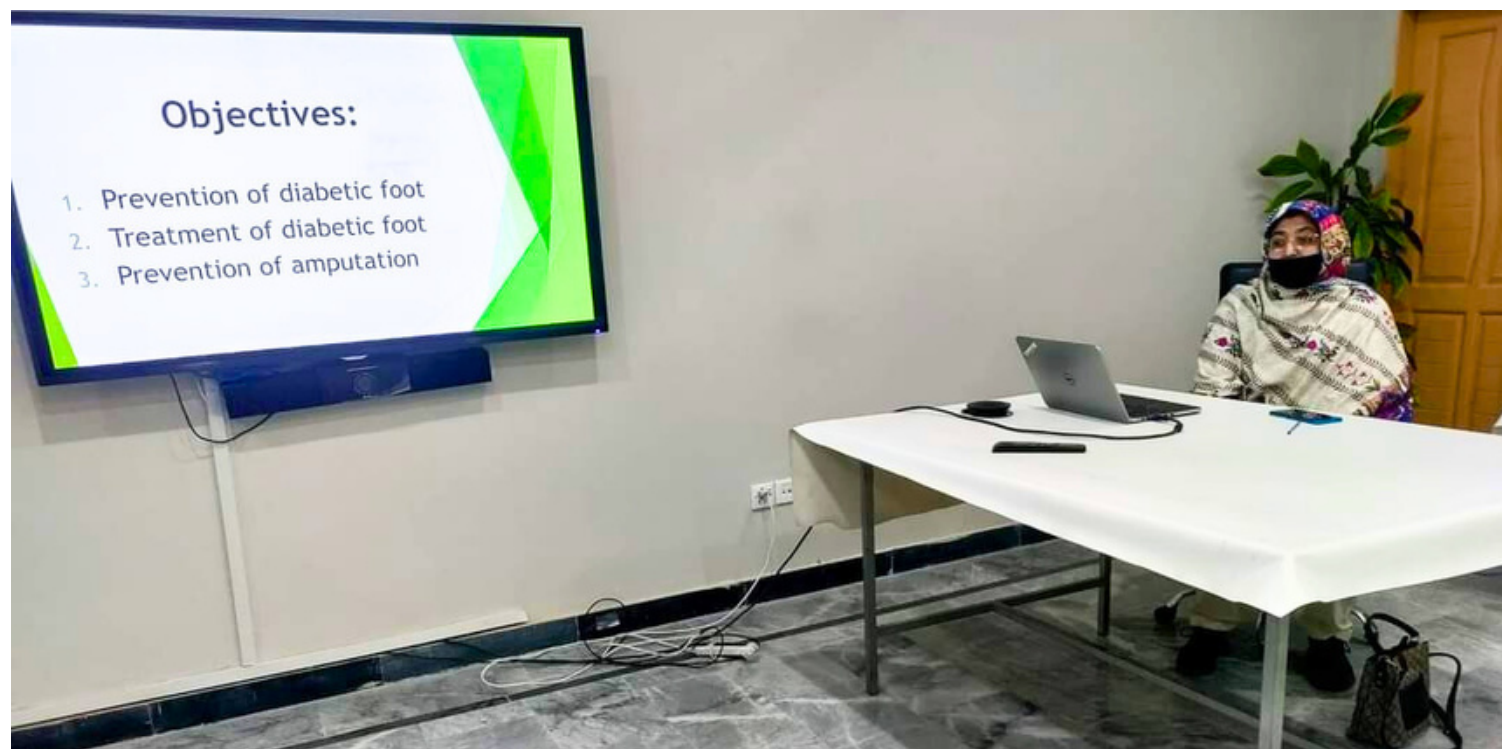
Dr. Hira Shakoor from Khyber Medical University presented this session. She explained the DiaDeM Project and discussed how to screen patients on PHQ2.



# Academic Session on Foot Care

Presented by Dr. Shazia Naz

13 January 2024





## MEDICAL CAMP IN REGI VILLAGE, PESHAWAR

31 December 2023



Category	Number
Females	70
Males	92
Children	100
<b>Total Patients seen at the Camp</b>	<b>262</b>

## KEY FINDINGS FROM REGI CAMP

- 43 patients were diabetic
- 27 patients were hypertensive
- 6 patients had high blood sugar
- People did not take diabetes seriously
- People did not know that high diabetes causes eye complications and feet problems
- Cost of medicine was a big concern
- Access to medical facilities was very difficult for women and children
- AIMS will provide care to and track data of these patients in future camp visits.



## Patients at Regi Camp





# MEDICAL CAMP IN PANJPIR, SWABI

*05 December 2023*

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Medical Camp in Punjbir, Swabi was arranged on 5th December. Sugar Checkup, BP Checkup, BMI Checkup and Free Medicines were provided in this Camp.



# Patients at Panjpir Camp



## NEWLY CONSTRUCTED WAITING AREA



Thanks to all who donated towards making this possible





# CONSTRUCTION OF RADIOLOGY DEPARTMENT



AIMS Sugar Hospital construction of Radiology Department





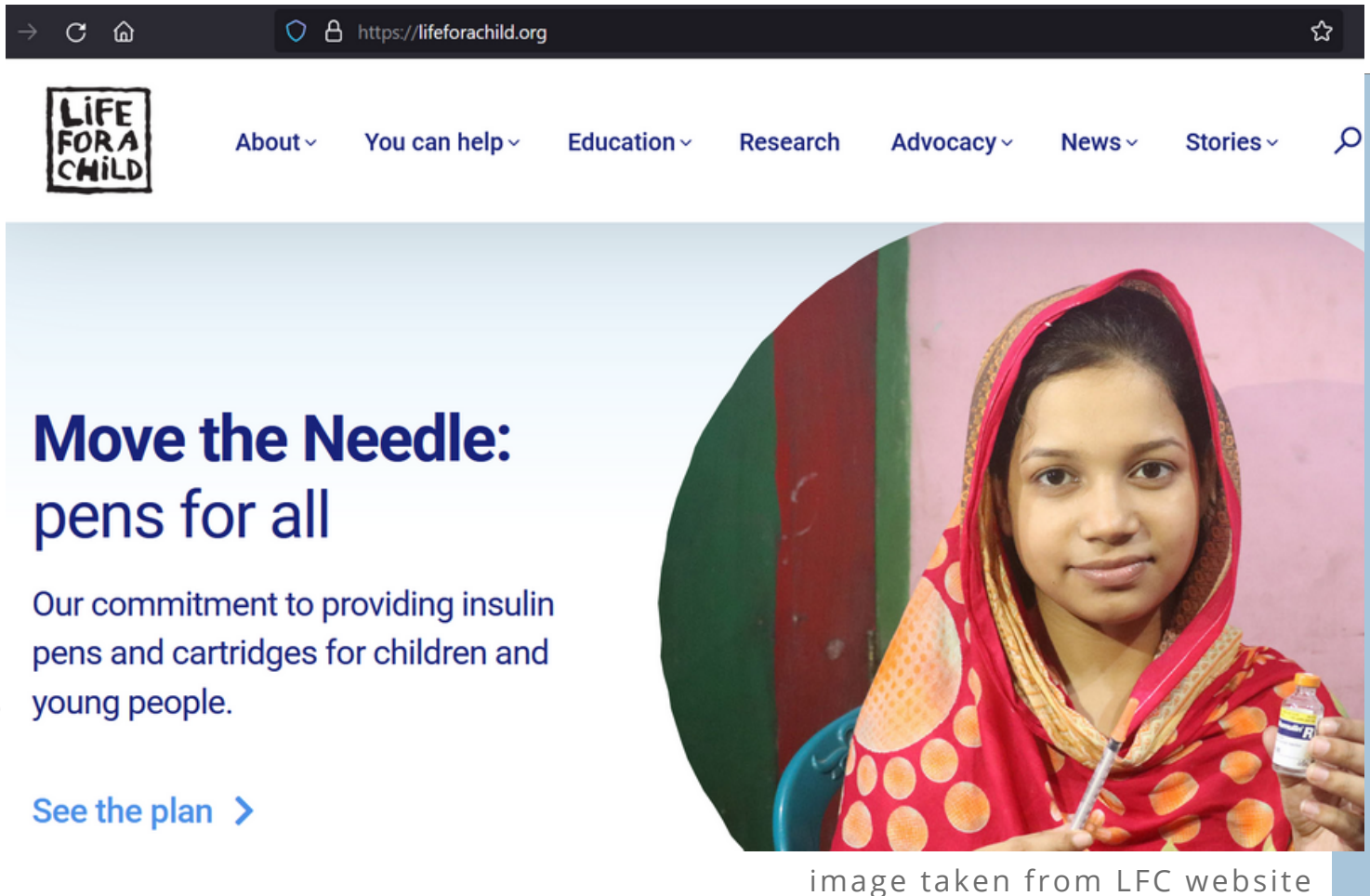
## Volunteer Profile



**Haji Rahat Ullah Khan** is an active volunteer in providing support to our team on the day of the camp. He provided his hujra in which the camp is held. He helps in planning the visit, informs the community and looks after the team during the visit. May Allah SWT reward him for his efforts.



# AIMS Partnership with Life For a Child



AIMS has partnered with “Life for a Child” (LFC) organization to help children with diabetes.

LFC assists in providing Insulin, Glucometers and Strips to children patients at Sugar Hospital.

Many Thanks to LFC !!

# AIMS Partnership with Meethi Zindagi

10 January 2024



We have launched a Training Project with Meethi Zindagi. Its goal is to provide diabetes education and raise aware among children

Many Thanks to Meethi Zindagi !!

Its website provides excellent information about living with diabetes: <https://www.type1diabetespk.org/>



## AIMS and Meethi Zindagi Joint Project Launch Ceremony Diabetes Education and Awareness among Children *10 January 2024*





## Patient Story



**Noor** has been a Welfare patient of Sugar Hospital for the last 10 years. Hailing from a challenging background, Noor took the stage at the Donors Convention to express heartfelt gratitude for the invaluable care and medicine he's received over the years at Sugar Hospital. Juggling the struggles of selling street food to make ends meet and caring for his physically challenged child, Noor faces adversity with resilience.



# *Call for* **VOLUNTEERS**



**Volunteers play a big role with us. We are looking for volunteers who can give time on a regular basis.**

## **BENEFITS OF VOLUNTEERISM**

- Rewards in this world and the hereafter.
- Personal growth.
- Health and well-being.
- Career development
- Social impact
- Learning opportunities

*Sugar Hospital is a charitable organization that provides care to the poor and needy. While those who can afford it are charged some fees, all earnings are put back into the hospital to facilitate patient care. It is a non-profit organization which means none of the profits go to the management, board members or any other individuals. All profits are put back in patient care.*

# HOW TO DONATE



## Donate in Pakistan



**Bank Transfer:  
Cheque or Cash**

ACCOUNT TITLE: AIMS PAKISTAN ZAKAT FUND

ACCOUNT NUMBER: 1759004156396537

IBAN: PK12NBPA1759004156396537

BRANCH CODE: 1759

BRANCH: HAYATABAD TOWNSHIP

ADDRESS: NBP PHASE 5 BRANCH, PESHAWAR, KPK, PAKISTAN

SWIFT CODE: NBP KPKKA02P

## Mobile App

Easy Paisa

03011155713

[www.pk.abaseen.org](http://www.pk.abaseen.org)



0915892728

03011155713

## Donate in USA



Scan QR Code:



[www.us.abaseen.org](http://www.us.abaseen.org)

## Donate in UK



Scan QR Code:



[www.uk.abaseen.org](http://www.uk.abaseen.org)

